

*Parish of the  
Sacred Heart,*



*Caterham*



Essendene Road, Caterham, CR3 5PA

[www.caterhamcatholic.co.uk](http://www.caterhamcatholic.co.uk)

Parish Priest: Fr Seán Finnegan

37 Whyteleafe Rd, Caterham,

Surrey CR3 5EG

Tel: 01883 343241

[priest@sacred-heart.co.uk](mailto:priest@sacred-heart.co.uk)

Also resident: Mgr. Richard Madders MBE RN

Our church will be open for public Masses on  
Tuesdays, Saturdays and Sundays.  
All daily Mass will still be celebrated, and can be  
watched on line at  
[www.churchservices.tv/caterham](http://www.churchservices.tv/caterham)  
Please note that the Sunday and weekday  
Masses are all recorded for watching at any  
time afterwards.

*Please note that the obligation to attend Sunday  
Mass remains suspended.*

Next week there will be a second collection for  
CAFODs Lenten Fast  
(CAFOD have their own Gift Aid envelopes)

Psalter Week 1  
**NEXT WEEK'S READINGS**  
Genesis 22:1-2,9a,10-13,15-18  
Romans 8:31b-34  
Mark 9:2-10

**SPIRITUAL COMMUNION DURING MASS:**

My Jesus, I believe that you are present in the  
most holy Sacrament.

I love you above all things, and I desire to  
receive you into my soul.

Since I cannot at this moment receive you  
sacramentally, come at least spiritually into my  
heart.

I embrace you as if you were already there and  
unite myself wholly to you. Never permit me to  
be separated from you.

Amen.

**SUNDAY 21ST  
FEBRUARY 2021**

**FIRST WEEK OF LENT**

**MASS TIMES & INTENTIONS**

**SUNDAY 21ST**

*First Sunday of Lent*

**9:00AM (Public)-**

Jimmy Chapman RIP (MA Kelly)

**10:45AM (Public) -**

Canon Frank O'Sullivan RIP  
(Parish Women's group)

**5:15PM (Public) -**

People of the Parish

**MONDAY 22ND**

*Chair of St Peter*

**10:00AM (Online)-**

Mary Berman RIP  
(Moyra & Rienzie)

**TUESDAY 23RD**

**10:00AM (Public)-**

Jimmy Mullen Ints (Jean)

**WEDNESDAY 24TH**

*St Matthew*

**10:00AM Latin Mass (Online) -**

Margaret Squire good health  
(L Dominguez)

**THURSDAY 25TH**

**No Mass**

**FRIDAY 26TH**

**7:00PM (Online) -**

Edgar & Edna Latcham RIP

**SATURDAY 27TH**

**10:00AM (Public)-**

Patricia Howlett Ints (Jean)

**SUNDAY 28TH**

*Second Sunday of Lent*

**9:00AM (Public)-**

Peggy Wheeldon Ints (Jean)

**10:45AM (Public)-**

People of the Parish

**5:15PM (Public) -**

Finbar Collins RIP

**CONTACTS**

**PARISH OFFICE:**

Leila Merrett

Mon, Wed 9:30am-12:30am

01883 343241

[info@sacred-heart.co.uk](mailto:info@sacred-heart.co.uk)

**HALLS MANAGER**

Jo Waiton 07724 613407

[thecenthall@gmail.com](mailto:thecenthall@gmail.com)

**BAPTISM PREPARATION:**

Ciro Candia

[circandia70@gmail.com](mailto:circandia70@gmail.com)

**MARRIAGE PREPARATION:**

(12 months notice required) -

Fr Seán

**JOURNEY OF FAITH:**

Peter Lovat 01883 345749

[peter\\_lovat@yahoo.com](mailto:peter_lovat@yahoo.com)

**INTRO. TO THE CATHOLIC FAITH:**

Roy Peachey

[roypeacheyuk@gmail.com](mailto:roypeacheyuk@gmail.com)

**CHAIR OF LITURGY GROUP:**

Eliz Wood

[elizabeth.wood11@btinternet.com](mailto:elizabeth.wood11@btinternet.com)

**FIRST HOLY COMMUNION:**

[fhc@sacred-heart.co.uk](mailto:fhc@sacred-heart.co.uk)

**CONFIRMATION:**

Please contact the office

**SAFEGUARDING:**

Matthew Cornwell

[safeguardingreps@gmail.com](mailto:safeguardingreps@gmail.com)

**GIFT AID:**

Peter Kelly 01883 330684

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**HEALTH AND SAFETY:**

Dominique Sturgess

[hands@sacred-heart.co.uk](mailto:hands@sacred-heart.co.uk)

**CHOIR:**

[music@sacred-heart.co.uk](mailto:music@sacred-heart.co.uk)

**SVP:** 07599 890043 (confidential)

Your Prayers are requested for the following people who are ill or housebound:  
Jimmy Mullen; Eileen, Mel & Rose Lattimore; Bryan Smith; John Gilford; Tabitha Harrison; Joe Kelly; Charmaine Wise; Richard Sowa; Val Williams; Emma Newton; Charley Lunn; Ursula Koh; Riche Ahearne; Enny Martin; Fr John Hartley; Maribel Chambers, Patricia Howlett, Reef Albert, Peggy Wheeldon, John Monk, Liz Leake, Sandra, Pascal Périssat, Holly Osman, Edmond Kelly, Julian Gavin, Emma Cook, Susie, Shirley Clarke, Colin Fields & Mary Power.



#### LENT GROUP AT THE U.R.C.

As usual, the URC have scheduled a Lent Group for 11a.m. on a Thursday, and have invited members of the Sacred Heart Parish to join them after Mass. This year, it will be via Zoom.

The title of the course is 'Caring for Creation'. Please contact either Peter Lovat ([peter\\_lovat@yahoo.com](mailto:peter_lovat@yahoo.com)) or Julian Thomas ([jpthomas@ntlworld.com](mailto:jpthomas@ntlworld.com)).

#### JOURNEY OF FAITH

Oh dear! Another boring lockdown Wednesday! Why not join us at Journey of Faith for a lively discussion?

Topic: Journey of Faith

Time: Feb 24, 2021 08:00 PM London

Join Zoom Meeting <https://us02web.zoom.us/j/6986253866>

Meeting ID: 698 625 3866

#### MADABA

Fr Sean announced at Masses last Sunday that Lenten Alms collected this year will be forwarded to Fr Firas in Madaba. Contributions will support his efforts to supply food for the poor and unemployed in his parish and the needy Iraqi refugees in Madaba.

There will be a basket for contributions in the porch after all public Masses, please have your donation to hand as you pass the basket to allow the flow of movement. Donations may also be made in an envelope posted through the parish office door. Please mark the envelope 'MADABA' and add your weekly collection number if you wish to gift aid the donation. Cheques need to be made payable to The Sacred Heart Parish. An initial contribution of £2000 was sent to Fr Firas last week.

Please pray for the recovery of Fr Firas' brother who is seriously ill in hospital due to kidney failure. Fortunately Fr Firas has been permitted to visit him in spite of the current covid restrictions.

#### INVITE

**Bishop Richard encouraged us to take part in the programme INVITE during Lent. There are a few places left. Apply immediately to get your place. 800 places have already been taken.**

What's involved?

**Each Monday** during Lent an episode of Invited will be premiered on the diocesan website and across our social media channels (Facebook, YouTube and Twitter). Each episode will contain teaching and testimony on a particular aspect of that week's theme, with time for prayer and reflection.

**Each Thursday (7.30pm - 8.45pm)** we will explore the content of Monday's episode during an online meeting, also reflecting on the readings for the upcoming Sunday.

**Getting involved and signing up:** our Thursday evening meetings will be held on Zoom. Attendees can register: <https://abdiocese.churchsuite.com/events/zainie6k>. Under 18s are very welcome but do need to notify us of their age as part of the registration process, so that we can make sure the appropriate safeguards are in place.

Scripts for the episodes and the reflection questions will be available to print for anyone who is not able to join us online. To find out more contact our Formation Team; E: [invited@abdiocese.org.uk](mailto:invited@abdiocese.org.uk)

#### ACT NOW AND STOP 'DIY' ABORTIONS BEING MADE PERMANENT

As you are likely already aware, the UK Government has temporarily allowed home abortions.

Since home abortions were temporarily allowed, as has been reported extensively in the media, a number of significant problems have put the lives and health of many women in danger.

The UK Government has launched a consultation on whether to make permanent the current temporary arrangement allowing 'DIY' home abortions. The consequences of this measure would be devastating to the care and protection of both unborn babies and their mothers. It is vital that as many people as possible take part to ensure the voices of the most vulnerable are heard.

Right To Life UK has set up an easy-to-use tool on their website that makes it simple to complete your submission. If you would like to take part and make a submission to this consultation before it closes at 11:59pm on 26 February 2021, you can do so by visiting the link below. It only takes 2 minutes! <https://righttolife.org.uk/ukconsultation>

#### WEEKLY OFFERING

If you would like to make your weekly offering (though of course there is no obligation or expectation to do so), you are welcome to save it up until you are able to come to Mass, or you may put your envelope through the Parish Office door. Alternatively, you can donate online. This donation page works across browsers, on mobile, desktop and tablet devices.

<https://portal.myдона.com/assets/webPay/index.php?cid=27>



Please remember in your prayers the soul of Jane Hill RIP who passed away recently. Her family thank you all for your prayers.  
May her soul rest in peace.

### BIDDING PRAYERS

We pray for all who have no access to clean, fresh water - because of poverty, the climate crisis, or conflict. May God grant them, and all of us, the courage and perseverance to tackle both the immediate problem and its causes.

**Lord, in your mercy...**

We pray for all those in need of healing; may God grant them peace, comfort and the joy of receiving compassionate care from healers who are themselves respected and valued. **Lord, in your mercy...**

### WHEN I AM WONDERING WHAT TO DO IN LENT

Father this year I thought that, instead of giving up something, I'd write a list for Lent. In these actions may I be better prepared to journey to Easter and to share in the pattern of your son's death and the glory of his resurrection. In these humble gestures may my love of you and my love of neighbour become entwined and United. This Lent, open my heart to recognize that I'm best placed to serve you when I'm serving others.

This Lent, Father, give me the grace to: [amend as appropriate]

- o Choose a virtue, stick it on the fridge and pray for it each time I see it.
- o Pray once a week for someone I'm struggling to like.
- o Admit to sin I have committed and seek your healing
- o Take myself less seriously at work.
- o Give the money I would have spent on an evening out to charity.
- o Say "thank you" in prayer for something I take for granted
- o Contact a person who lives alone.
- o Listen generously [properly] to someone, without interrupting.
- o Reduce the waste I create and the mess I make.
- o Tell someone about your unconditional love for them.








Father, these are just small steps in the right direction... homeward bound. By your grace give me the courage to start and to journey onwards, building with your Son the Kingdom he spoke of.

Amen

*From: **At your Side.** A book for those who pray, those who want to pray and those who lead prayer – available from the Parish Shop.*

### CHURCH OPENING

In summary for the Safety of all parishioners:

-  Unique track and trace household number required for admission to the church (email the parish office before arriving at Mass to obtain your unique number [info@sacred-heart.co.uk](mailto:info@sacred-heart.co.uk). It will not be possible to register on the day. Although we have a government QR code this is not sufficient for parish entry.
-  Noses and mouths to be covered before entry
-  Temperatures to be taken before entry
-  Everyone to sanitise hands immediately after entry
-  2 metre distance from all other parishioners to be maintained
-  The directions of our stewards to be followed at all times
-  Please avoid visiting the parish office if you can. Please email where possible. Parish staff will work from home on occasion and may not be available.

PERIODICALS

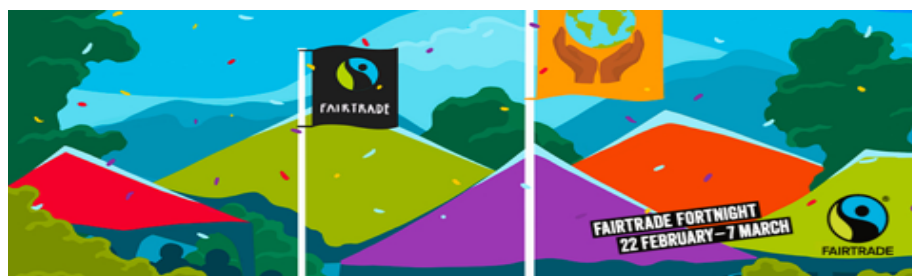
If you would like a copy of *The Universe* newspaper, *Day by Day* or *Mass of Ages*, please email the parish office to arrange a safe collection point.

On the days where there is no public Mass, Fr Seán would like to invite the donor of Mass intentions to attend Mass on their own (max 6 in the same household/bubble). Please contact the office if you would like to attend Mass for your intention so that arrangements can be made for access.

*Please note the Parish has made every effort to enable social distancing in the Church and pews are positioned to enable Parishioners to be seated at a distance of 2 metres. COVID-19 is highly contagious and is known to spread mainly from person-to-person contact. By attending the Sacred Heart, you agree to abide by the procedures established by the Parish to protect Parishioners and Volunteers.*

## LOOKING TO GET INVOLVED IN FAIRTRADE FORTNIGHT?

Fairtrade works to raise the voices of farmers and workers and prioritise what they need to respond to the environmental crises unfolding in already vulnerable communities. You can read the full article here: <https://www.fairtrade.org.uk/media-centre/blog/5-ways-to-choose-the-world-you-want-in-2021/>



### Busting Fairtrade myths -

#### Q. “ONLY A SMALL PERCENTAGE OF THE PRICE YOU PAY FOR A FAIRTRADE PRODUCT GOES BACK TO FARMER”

A. The way Fairtrade works is that the producer organisation (such as a coffee co-operative) receives the Fairtrade price at the point where they sell to the next person in the supply chain (usually an exporter or importer). This is intended to ensure farmers can cover their costs no matter how low the world price for their commodity falls

### ONE WAY FAIRTRADE IS MAKING THINGS BETTER -

Fairtrade aims to protect and benefit workers on flowers farms by working with certified farms to ensure decent working conditions for their employees and protecting workers' rights. Fairtrade works with 72 Fairtrade certified flower producer organisations in six countries, representing nearly 70,000 workers.



*“We Wish More People Would Buy Fairtrade Flowers. This Will Help Us Get More Services Like Health Clinics, Better Schools, Sports Facilities And Much More, Bringing An Immediate Improvement To Our Lives. It Is The Way To Make The Most Difference In The Rural Areas..”* Emeritus Kasee  
General Manager Of Ravine Roses

Fairtrade certified farms must ensure safety and working conditions for their employees and receive a premium of 10% for every stem sold, which allows workers to invest in healthcare, education and other social benefits. Fairtrade works with flower workers in countries including Kenya, Ethiopia, Sri Lanka, Ecuador, Uganda and Tanzania. Many of the major supermarkets and stockists offer a wide range Fairtrade flowers.

### WHERE TO BUY FAIRTRADE FLOWERS



This year more than ever, it's important we come together to stand with the people behind the food we depend on, as they face the daily realities of the climate crisis. The recent storms across Central America devastated many Fairtrade farmers; destroying their crops and their ability to earn enough to provide for their families. These storms were just the latest example of how increasingly extreme and unpredictable weather patterns are pushing small-scale farmers to the brink.

Fairtrade coffee farmers in Honduras, like the Fairtrade cocoa farmers in Coté d'Ivoire, have contributed the least to the Climate Crisis. Yet through erratic weather patterns, increasing plant diseases and rising temperatures, the rapidly changing climate offers an immediate threat to their livelihoods. Farmers and workers cannot adapt to these unprecedented challenges, combined with the Covid-19 pandemic, when they aren't earning enough for the absolute essentials. Simply put, the farmers and workers in these countries and other climate vulnerable areas around the world need to earn more if they are to survive the climate crisis.

Choosing Fairtrade is a vitally important way to put more money and more power in their hands.