OUR PARISH NEWSLETTER



First Sunday of Lent



9th March 2014

Psalter Week 1

Sacred Heart Church

Essendene Road, Caterham, CR3 5PB

Parish Priest:

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Parish Website Address: www.sacred-heart.co.uk

CATERHAM PARISH

The Arundel & Brighton Diocesan Trust is a Registered Charity No 252878

How to Find Time in the Day for Lent

The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day.

The three foundational practices of Lent are prayer, fasting, and almsgiving. Here's how to think about them in a new way:

Praying Daily

If you make a habit of saying a little prayer whenever someone irritates you, cuts you up in traffic, or makes life difficult; when someone does you a favour, you experience great and friendly service, or when something joyful happens to you—you will soon find yourself praying your way through the day. Try this simple practice and you will be observing the Catholic Church's call for greater prayer during the Lenten season. You will also find that this habit makes your life flow smoother, your self more centred, and your Spirit more aware of God's presence.

A Different Type of Fasting

There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumours? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence.

Give of Yourself

Daily life also offers countless opportunities to give of yourself to others (alms), and most don't involve dipping into your wallet. Give encouragement to the doubting, give a word of praise to the insecure, show kindness to someone who could use a friend, and offer a word of thanks to those whose service of others often goes unappreciated. Give the gift of your attention to someone who simply wants to be noticed. Tell your children stories about people whose values you admire when you gather at mealtime. Don't be stingy with your smiles—give them freely to everyone you meet. And most important, give your love to those close to you. Hug them, hold them, and tell them what they mean to you. In this way you open your heart to God and others.

So no matter how busy you are in life, with some greater awareness and new perspectives you can consciously pray, fast, and give of yourself this Lent—and you will be ready to celebrate when a joyful dawn breaks upon you Easter morning.

WHAT'S ON IN THE PARISH THIS WEEK

Sun: Children's Liturgy 9am & 10:30am Masses

Teas/Coffee after 10.30 am (I Labonte & E La bonte)

Mon: Tea/Coffee after 10 am Mass in Old Hall.



Tues: 9:15am - 11:15am Toddler Group (Old Hall)

Wed: 8pm RCIA

Fri: Parish Social Club open from 7.30 - 10.30

Sat: Cafod's St Patrick's Night (Cent Hall)

Sun: Children's Liturgy 9am & 10:30am Masses

9:15am - 10:15 First Holy Communion Session

(Cent Hall)

Teas/Coffee: after 9am Mass (T Veale & H Bissmire)

after 10.30 Mass (P Risely & M Chambers)

COLOMA CONVENT GIRLS' SCHOOL

The Governors are looking to appoint the following teaching vacancies for September 2014:

A Full or P/T Teacher of Geography up to A-Level: a Full

A Full or P/T Teacher of Geography up to A-Level; a Full or P/T Teacher of English up to A-Level; a Full or P/T Teacher of MFL (French with German) up to A-Level; a Full or Part-Time Teacher of Religious Studies up to A-Level; and a Full Time female Teacher of PE Closing Date: As soon as possibleAn application form and further details are available to download from the school website

or contact Mrs. S. Dawson on 020 8654 6228 ext: 229

Liturgy Group

The Parish Liturgy Group meet this Tuesday at 7.30 pm. Among the many items on the agenda will be a discussion to plan for a whole Parish meeting in the summer to discuss the impending changes that are being planned by the Diocese to cope with the ever growing shortage of Priests, which will no doubt affect us all in one way or another. This shortage will inevitably give rise to further lay leadership in Parishes and greater co--operation across parish and Deanery boundaries.

Please pray for Fr Kevin Gaskin, a Priest from the Diocese who died this week.

The Double C Club

The winners of the March draw for the Double C Club

£70 - Patricia Wilding

£50 - Beverly Searle

£30 - Gordon White

Anyone interested in joining contact Sue on 01883 346399

There are copies of Bishops Kieran's Pastoral message from last week in the Porch. Please help yourself.

CALLING MARRIED COUPLES

A weekend of discovery and renewal for your marriage. Interested? A Marriage Encounter weekend is an opportunity for couples of any age to enrich their relationships in a relaxed and caring atmosphere. Places available on the weekend starting Friday 20 June at Park Place Pastoral Centre, Wickham, near Fareham, Hampshire. For details and dates of other weekends please contact Chris & Mary Farrall 02380 275401 or visit the website wwme.org.uk

Sacred Heart Social Club Membership

The club membership year is coming to an end and we would like to thank you for your support over the last year. Renewals and new memberships are now invited for the membership year 2014-2015 starting in April 2014.

Vacancy

John Fisher School are looking for a new Teacher of Mathematics to join their team from 1st September 2014. Please contact the School or the Parish office for further details.

The Catenians always welcome new members. If you are interested in joining please contact John Baron 0208 763 2144



Lenten Reading

The shop has a collection of books and pamphlets for Lenten Reading as well as games books and mobiles for children.

The Lenten "Day by Day" - Readings for the Mass - is now for sale in the porch - £1

HOLY COMMUNION

CHILDREN'S SESSIONS

The next session will be NEXT Sunday 16th March at 9.15am – 10.15am in the Centenary Hall.

Children's Session 4 (Chapters 7-8 of book)

See website for full list of dates

If you have any questions, please contact Anne Marie Young either via email on

fhc.sacredheart@gmail.com or by mobile on 07949 938 984.

Gift Aid

Gift Aid envelopes for the coming tax year are still available for collection in the Porch. As Peter explained last Sunday, there are envelopes for standing order-only donors (numbers 200 onwards) too. Any queries, please contact Peter Kelly.

New Head Teacher

St. Francis of Assisi
Primary School
Southgate Drive
Crawley,

West Sussex, RH10 6HD

Require a New Head Teacher for September 2014.

Closing date: 12th March 2014

Application pack from

Mrs Margaret Wakeham

Bishop Kieran - Reconilation

I have left copies of Bishop Kieran's thoughts to all of us on the Sacrament of Reconciliation in the porch.



Stations of the Cross

We will concentrate on three stations on the Fridays of Lent ,after the homily during the 10 am Mass.

Year 6

Year 6 will celebrate the Sacrament of Reconciliation in their class room tomorrow at 9 am.

Pre-Confirmation Preparation Programme

The Pre-Confirmation Preparation course starts this evening from 6 pm until 7 in the Old. The final list of twenty five candidates are as follows:

Luca Anastasi; Alexander Buchanan; Harry Callanan; Charlie Crowe; Thomas Daly; Ellie Dodd; Emma Doyle; Alisha Francis; Benjamin Barker; Amelia Ford; Morgan Gayle; Elisha Greene-Labonte; Daniel Hall; Joshua Joseph; Thomas Lilley; Benjamin

McCabe; Laura Maton; Christopher Moloney; Katherine McMillan; Isabella Reynolds; Rahmaan Thomas; Cheryl-Anne Turner; Harrison Webber; James Weech & Matthew Weech.



Prayers are requested for the following persons who are ill or enfeebled.

Pat Knight; Kathleen & John Saunders; Helen Keogh;
Daisy Hill; Connie Cronin; Christopher Browne;
Kit Monk; Krista Thompson; Jane Hill; Rosemary Whale;
Leon Kozlowski;

Pam Weaver; Jimmy & Bridie Mullen; Jim & Bernie Horrocks; Margaret Robertson; Tess Gully; Heather Tordimah; Jenny Rower; Ken Archer; Elizabeth Daley; Eileen Lattimore; Bryan Smith; Diane Bailey; Rose Knight; Oliver Farrell; Richard Richardson; Seeta Pillay; Ian Lester;

Christopher Miles & Pat McCoy; Olive & John Woods.

Margaret Keefe.



IRISH NIGHT SAT. 15th MARCH

IRISH NIGHT Saturday 15th March

Please purchase tickets by this Sunday evening, 9th March to facilitate catering. Tickets

available after Mass or telephone Biddy (345749)

CAFOD FAMILY FAST

This Friday is Family Fast Day. Envelopes in the porch.
Second Collection next Sunday.

Jet Washer

Fr Kieran wishes to borrow a Jet Washer for a day or two.

Do you have one to lend him?

Dei Verbum

Starting tomorrow at 10.30 am, and for four consecutive Mondays, we will read and discuss Dei Verbum in the Old Hall after teas, led by Fr Kieran.

Baptisms

Next Sunday I will Baptise Sienna & Francesca Bertagna;
Amelia Rose McGillivary

Offertory Collection

Sincere thanks for your generosity last weekend: Offertory £810.50 (Gift Aid £362.21)

CONTACTS

Parish Office:

Leila Merrett (Mondays & Wednesdays : 9.30 am - 12.30 pm) info@sacred-heart.co.uk 01883 343241

Baptism Preparation:

John Baron 0208 763 2144

Holy Communion:

Anne-Marie Young 07949 938984 fhc.sacredheart@gmail.com

Confirmation:

Allison Pullin 01883 382506 al.pullin@ntlworld.com

Marriage Preparation:

(6 months notice required) - Fr Kieran

Journey of Faith (RCIA):

Peter Lovat 01883 345749 peter_lovat@yahoo.com

Chair of Liturgy Group:

Eliz Woods elizabeth.wood11@btinternet.com

Centenary Hall Hire:

Tara O'Sullivan 07724 613407 thecenthall@gmail.com

Safeguarding:

Dee Hall and Jacqui Voorbach e-mail: safeguarding@sacred-heart.co.uk

Gift Aid:

Peter Kelly 01883 330684 peterf_kelly@o2.co.uk

Tuesday Toddlers 9.30-11.00:

Kelly Coyne: 07921030991 kelly.coyne@btinternet.com

Parish Youth Clubs:

(First Friday during school term. 7pm) Mel Flaherty youthclubsacredheart@gmail.com

Chill Club

Veronique Wood

Chair of Parish Finance:

Rayon Brown - raybrown2006@aol.com

St. Francis Primary School:

Interim Headteachers: - Mrs Dorothy Rollason & Ms Gillian Keaney

THIS WEEK—SERVICES, MASS TIMES AND INTENTIONS	
Sunday 9th	First Sunday of Lent (Year A)
9:00am Mass	Jimmy & Bridie Mullen Int (Gilford)
10:30am Mass	Brendan Flanagan
5:15pm Mass	Bernard & Sue Ellis (Gilford)
Monday 10th	
10:00am Mass	Joseph & Juliana Michel RIP
Tuesday 11th	
10:00am Mass	Deceased Relatives & Friends of Lis Roffey
Wednesday 12th	
	No Mass
Thursday 13th	
10:00am Mass	Eric Mitchell RIP (Coral Sowa)
Friday 14th	
10:00am Mass Stations of the Cross	Breda Smith (ill)
Saturday 15th	
10:00am Mass	Holy Souls (R Girling)
Sunday 16th	Second Sunday of Lent (Year A)
9:00am Mass	People of the Parish
10:30am Mass	Rita & Edward Croke RIP (AM Young)
5:15pm Mass	Greg O'Reilly RIP (S Hepplewhite)



Confessions every Saturday 10:30 – 11:00am Lauds Mondays at 9.45am Rosary Thursday & Friday at 9:40am

Adoration before the Blessed Sacrament

Tuesdays: 9am - 10am; (1pm -2pm returns after Easter); Saturdays: 9am - 11am;

HEALING MASS with Benediction every first Friday at 10:00am